

## Penicuik Citizen Advice Bureau Advice Services



Day	Place	Time	
<b>Monday to Thursday</b>	<b>Penicuik CAB</b> Palmer House, 14 John Street 0800 0327 077 and 01968 675259 E mail: <a href="mailto:contact.us@penicuikcab.org.uk">contact.us@penicuikcab.org.uk</a>	9:30 to 3:30	Appointments, telephone and e mail advice.
<b>Friday</b>	<b>Penicuik CAB</b> Palmer House, 14 John Street 0800 0327 077 and 01968 675259 E mail: <a href="mailto:contact.us@penicuikcab.org.uk">contact.us@penicuikcab.org.uk</a>	9:30 to 1:30	Appointments, telephone and e mail advice.
<b>Monday</b>			
	Loanhead Library Loanhead Centre, George Avenue	10:00 to 1:00	Drop in
	Hawthorn Children and Families Centre, Mayfield	9:00 to 4:00	Drop in and appointment
	Penicuik Hub Food Facts, Friends, Foodbank. John Street	10:30 to 1:00	Drop in
<b>Tuesday</b>			
	Lasswade Library Lasswade Centre, 19 Eskdale Drive	9:30 to 12:30	Drop in
	Highbank Intermediate Care facility 9A Bonnyrigg Road, Dalkeith, EH22 3EY	2:00 to 4:00	By appointment Phone: 07934 449 830 <a href="mailto:HWAS@penicuikcab.org.uk">HWAS@penicuikcab.org.uk</a>
	Loganlea Centre Eastfield Medical Centre Eastfield Farm Road Penicuik	2:00 to 4:00	By appointment through JMHT
<b>Wednesday</b>			
	Loanhead Miners Welfare The Croft Suite, 74 The Loan	10:00 to 1:00	Drop in
<b>Thursday</b>			
	Midlothian Community Hospital, 70 Eskbank Road, Bonnyrigg	10:30 to 1:30	Drop in and by appointment
	The Steading, Carnethie Street, Rosewell	Alternate Thursdays 2:00 to 4:00	Drop in
<b>Friday</b>			
	Hawthorn Children and Families Centre. Mayfield	9:00 to 12:00	Drop in and appointment

**Free, Independent, Confidential, Impartial, Holistic Advice and Assistance**