

Penicuik Citizen Advice Bureau Community Advice Services



Day	Place	Time	
Monday to Thursday	Penicuik CAB Palmer House, 14 John Street 0800 0327 077 and 01968 675259 E mail: contact.us@penicuikcab.org.uk	9:30 to 3:30	Appointments, telephone and e mail advice.
Friday	Penicuik CAB Palmer House, 14 John Street 0800 0327 077 and 01968 675259 E mail: contact.us@penicuikcab.org.uk	9:30 to 1:30	Appointments, telephone and e mail advice.
Monday			
	Loanhead Library Loanhead Centre, George Avenue	10:00 to 1:00	Drop in
	Hawthorn Children and Families Centre, Mayfield	9:00 to 4:00	Drop in and appointment
	Penicuik Hub Food Facts, Friends, Food Pantry. John Street	10:30 to 1:00	Drop in
	The Steading, Carnethie Street, Rosewell	Alternate Mondays 2:00 to 4:00	Drop in
	Eskdaill Court, Dalkeith	9:30 to 4:30	By appointment through Family Wellbeing Service Phone: 0131 270 5662
Tuesday			
	Lasswade Library Lasswade Centre, 19 Eskdale Drive	9:30 to 12:30	Drop in
	Midlothian Community Hospital, 70 Eskbank Road, Bonnyrigg	9:00 to 12:00	By appointment Phone: 07934 449 830 HWAS@penicuikcab.org.uk
	Loganlea Centre, Eastfield Medical Centre, Eastfield Farm Road, Penicuik	2:00 to 4:00	By appointment through JMHT
Wednesday			
	Loanhead Miners Welfare The Croft Suite, 74 The Loan, Loanhead	10:00 to 1:00	Drop in
	Loanhead Medical Centre	2:00 to 4:00	By appointment through medical staff
	Newton Parish Church, Edmonstone Road, Danderhall, EH22 1QE	09:30 to 12:00	Drop in
	Eskdaill Court, Dalkeith	9:30 to 4:30	By appointment through Family Wellbeing Service Phone: 0131 270 5662
Thursday			
	Midlothian Community Hospital, 70 Eskbank Road, Bonnyrigg	1:00 to 4:00	Drop in and by appointment
Friday			
	Hawthorn Children and Families Centre. Mayfield	9:00 to 12:00	Drop in and appointment
Free, Independent, Confidential, Impartial, Holistic Advice and Assistance			